



# ACT Referral

## Instructions and Checklist

- Fill out the OHA Assertive Community Treatment (ACT) Universal Referral Form on the following pages.
- Supporting documentation is required. Submit any supporting clinical documentation files along with your referral form. Please read the form instructions carefully, and fill it out completely before submitting.
- Fill out the information and checklist below to ensure your submission is complete.
- Email completed form to [actreferrals@gobhi.org](mailto:actreferrals@gobhi.org)

Name of sender: \_\_\_\_\_

Date sent: \_\_\_\_\_

Number of pages: \_\_\_\_\_

Did you email supporting documentation?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Did you include the county the client will reside in?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Is this a denial?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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If this is a denial, did you send denial to <a href="mailto:um@gobhi.org">um@gobhi.org</a> with supporting documents?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Please email completed form to [actreferrals@gobhi.org](mailto:actreferrals@gobhi.org)



OREGON  
**HEALTH**  
AUTHORITY

Participant name:

Date of birth:

Prime number (if applicable):

## Assertive Community Treatment (ACT) Universal Referral Form

Date: \_\_\_\_\_

Name and job title of person referring: \_\_\_\_\_

Contact information for referring agency: \_\_\_\_\_

Type of request:

**New Referral:** Is there additional/supplemental documents included with referral?    Yes    No. If yes, explain:

\_\_\_\_\_  
**Transfer:** Provide previous ACT Program contact information:

### Individual's Information

Current location: \_\_\_\_\_

Phone number (if applicable): \_\_\_\_\_

Address or expected address: \_\_\_\_\_

County where they plan to live: \_\_\_\_\_

Gender identity: \_\_\_\_\_

Culture: \_\_\_\_\_

If enrolled Tribal member, name of Tribe: \_\_\_\_\_

Preferred language: \_\_\_\_\_

Guardian's name: \_\_\_\_\_

Guardian's preferred method of contact \_\_\_\_\_

If no guardian, is there an emergency contact for the individual?:    Yes    No

Emergency contact's phone number (if applicable): \_\_\_\_\_

Type of health insurance or coordinated care organization type:

Primary mental health diagnosis: \_\_\_\_\_

Most recent mental health assessment: \_\_\_\_\_

Who completed the mental health assessment?: \_\_\_\_\_

Is the individual part of Aid and Assist?    Yes    No

Anticipated discharge date: \_\_\_\_\_

**Note:** To qualify for ACT services, a person must have a primary diagnosis of a serious and persistent mental health condition and have needs that affect their daily functioning. More information is available in OAR 309-019-0245

[https://oregon.public.law/rules/oar\\_309-019-0245](https://oregon.public.law/rules/oar_309-019-0245)

1. Does the individual struggle with reasoning or critical thinking that have caused negative consequences in their daily life in at least one of the areas below?

Taking care of their bills,

Getting help with doctors, legal problems, or housing,

Staying safe,

Getting enough food,

Personal hygiene,

Making meals,

Washing clothes,

Taking care of children,  
Keeping a steady job.  
Briefly explain:

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2. Does the client have another condition that also contributes to negative consequences?

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Substance use disorder(s):    No    Yes. If yes, please list disorder(s):

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Other disorder(s):    No    Yes. If yes, please list disorder(s):

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3. Does the client show one or more of the following signs of ongoing high service needs? Check all that apply:

Goes to a mental health hospital two or more times per year or for emergency services for mental health.

Has ongoing major mental health needs, such as depression psychosis, or thoughts of self-harm.

Has been arrested or involved with the police or courts recently.

Lives in a supervised community home, but could live more independently with intensive support services.

Has difficulty with regular in-office mental health appointments.

## **Additional notes**

Include other services the client uses or anything that will help us learn about them. Helpful information such as; medications, allergies, triggers, etc

## ACT program (or Single Point Of Contact) determination

Referral review date: \_\_\_\_\_

Accepted for next-step of review:

- ACT team member point of contact: \_\_\_\_\_
- Met criteria but placed on waitlist.

Check status via: \_\_\_\_\_

Pending (list items needed and deadline to return):

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Denied: See attached letter

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**Signature of ACT Services**

(Whomever made the final determination)

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**Date**

You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact Adult Mental Health Program at [amh.web@state.or.us](mailto:amh.web@state.or.us) or call 1-844-882-7889 (voice). We accept all relay calls.