

Triple P — Evidence-Based Positive Parenting Program

October-November 2026 Workshops



ALL SERVICES ARE FREE

No formal referral needed

Attendance certificates and incentives are provided to participants



Helping Children Manage Anxiety

Date : Wednesday, November 18, 12:00pm

Location: Virtual via Zoom

Age group: 6-18 years old



Getting Teenagers to Cooperate

Date : Wednesday, October 21 , 12:00 pm

Location: Virtual via Zoom

Age group: 10-18 years old



Coping with Teenagers Emotions

Date : Thursday, October 29 , 6:30 pm

Location: Virtual via Zoom

Age group: 10-18 years old

Virtual meeting link: <https://zoom.us/j/95416757921>



gobhi.org/triple-p



For referrals or more information:

541-256-4692 (call or text)



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Triple P - Eastern Oregon



TripleP-Parenting.com/easternoregon

