

# March Workshops



**ALL SERVICES ARE FREE**

No formal referral needed

Attendance certificates and incentives are provided to participants



## Shopping with Children

March 12 • 6:30 PM PT

Location: Virtual via Zoom

Age group: 0-12



## Hassle-Free Mealtimes

March 20 • 6:30 PM PT

Location: Virtual via Zoom

Age group: 0-12

Virtual meeting link: <https://zoom.us/j/95416757921>



[gobhi.org/triple-p](http://gobhi.org/triple-p)

For referrals or more information:



541-256-4692 (call or text)



[triplep@gobhi.org](mailto:triplep@gobhi.org)



Triple P - Eastern Oregon



[TripleP-Parenting.com/easternoregon](http://TripleP-Parenting.com/easternoregon)

