



OABHI GOBHI

*Supporting Rural Partnerships
in Older Adult Behavioral Health*

OLDER ADULT BEHAVIORAL HEALTH TRAINING SELECTIONS

PRIMARY CARE MODULES

These training selections were developed in partnership with Portland State University's Institute on Aging and the Oregon Health Authority, Health Systems Division; for the Older Adult Behavioral Health Initiative.

TOWARDS INTEGRATED CARE

These modules focus on addressing various behavioral health conditions, common in older adults, in a primary care environment. Older adults, in general, feel comfortable discussing emotional health with their physician, providing an opportunity for providers to promote resource access and improve outcomes for their patients. Primary care clinics are on the front lines of optimizing mental health care and integrative practices and are key players in building community partnerships.

MODULE 1: Anxiety

MODULE 2: Depression

MODULE 3: Dementia

MODULE 4: Geriatric Substance Use Disorders

MODULE 5: Suicide Prevention