



OABHI GOBHI

*Supporting Rural Partnerships
in Older Adult Behavioral Health*

OLDER ADULT BEHAVIORAL HEALTH TRAINING SELECTIONS

SERVING OLDER ADULTS WITH BEHAVIORAL HEALTH NEEDS

These training selections were developed in partnership with Portland State University's Institute on Aging and the Oregon Health Authority, Health Systems Division; for the Older Adult Behavioral Health Initiative. Modules are approved for Continuing Education Units (CEU), from the National Association of Social Workers (NASW).

GENERAL SESSIONS

The Everyday Experience of Aging

This session features interviews with a diverse group of older adults who vary in age, gender, life experiences, sexual orientation, income and living situations.

- Information presented includes:
 - The vital role of older adults in their families and communities
 - Age related changes and how older adults adapt to those changes
 - Ways older adults optimize mental health in the face of physical and social challenges

Behavioral Health Partners in Older Adult Behavioral Health

This session provides an overview of behavioral health services.

- Information presented includes:
 - How the behavioral health services system works in Oregon
 - How to access services
 - The role of Older Adult Behavioral Health Specialists in bridging service gaps

Aging Services Partners in Older Adult Behavioral Health

This session provides an overview of aging services.

- Information presented includes:
 - The aging services needs of older adults
 - How aging services are provided in Oregon
 - How to access services
 - The role of community aging services providers in bridging service gaps



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Behavioral Health Issues and Advanced Care Planning

This session presents information on advance care planning and providing end-of-life care when behavioral health issues are involved.

- Information is presented using examples from the clinical sessions and includes
 - Assigning health care representatives
 - Making wishes known
 - Use of resources such as POLST

CLINICAL SESSIONS

What's Happening with Gladys

This session focuses on anxiety and the fear of falling. In this session you will hear from Gladys and the Multidisciplinary Team as they describe their approaches to working with someone like Gladys and model best practices.

- Information presented includes
 - General information on anxiety and falls including, prevalence and symptoms
 - Screening and assessment
 - Treatment and interventions

Bill's Search for Lois

This session focuses on Parkinson's disease and dementia. It shows the challenges of medical management of Parkinson's disease symptoms and understanding behaviors associated with dementia.

- Information presented includes
 - General information on Parkinson's and dementia including prevalence and symptoms
 - Screening and assessment
 - Treatment and interventions.

Has Anyone Seen George

This session focuses on issues of isolation, depression, grief, substance abuse and suicidal behavior.

- Information presented includes
 - General information regarding depression and suicide, substance abuse and suicide, and grief and depression
 - Prevalence and symptoms
 - Screening and assessment
 - Treatment and interventions



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We Have Another Call About Nell

This session focuses on severe mental illness and diabetes. It demonstrates the difficulty of finding and maintaining services for someone with severe mental illness.

- Information presented includes
 - General information on schizophrenia and co-occurring disorders
 - Prevalence and symptoms
 - Screening and assessment
 - Treatment and interventions