

What are the covered and non-covered behavioral health services under the Oregon Health Plan?

GOBHI covers services when medically necessary for diagnosis and/or treatment of a behavioral health condition. The benefits below are available to most GOBHI members.

| Covered Service | Authorization Required (In Network) | Authorization Required (Out of Network) |
|-----------------------------------|--|--|
| Emergency Services | | |
| Crisis | No | No |
| Substance Use Disorder | | |
| Outpatient | No | Yes |
| Intensive Outpatient (IOP) | No | Yes |
| Residential | Yes | Yes |
| Withdrawal Management (Detox) | Yes | Yes |
| Mental Health Services | | |
| Outpatient | No | Yes |
| Intensive Outpatient (IOP) | No | Yes |
| Partial Hospitalization (PHP) | No | Yes |
| Respite | Yes | Yes |
| Psychiatric Day Treatment | No | Yes |
| Residential (PRTS) | Yes | Yes |
| Inpatient | Yes | Yes |
| Specialty Services | | |
| Applied Behavioral Analysis (ABA) | Yes | Yes |
| Eating Disorder Treatment | | |
| Outpatient | No | Yes |
| Intensive Outpatient | No | Yes |
| Partial Hospitalization (PHP) | Yes | Yes |
| Residential | Yes | Yes |
| Inpatient | Yes | Yes |
| Electroconvulsive Therapy (ECT) | Yes | Yes |
| Medication-Assisted Therapy | Yes | Yes |
| Neuropsychological Testing | Yes | Yes |
| Psychological Testing | Yes | Yes |

OHP does not cover all treatments for all behavioral health conditions. Some services are limited. This means they are only covered for certain conditions. Some services are not covered. This means they are not part of the OHP benefit package, or not usually covered for any condition. Non-covered services include:

- Any care or treatment that is not medically necessary
- Services from a provider who does not have an Oregon Medicaid DMAP number

- Any service that needs a prior authorization that was not prior authorized
- Any behavioral health services outside of the United States

OHP does not cover everything. A list of the diseases and conditions that are covered, called the Prioritized List of Health Services, is online at www.oregon.gov/oha/herc/Pages/PrioritizedList.aspx. Other diseases and conditions usually are not covered by OHP. Those conditions could be covered if treating them will help a patient's covered condition.

GOBHI will not be responsible for payment for any non-covered services you choose to receive. If you would like more information about this, please contact Member 1800-493-0040 or TTY 711.

The following services are covered by OHP through your Coordinated Care Organization (CCO) or OHA not GOBHI:

- Rides to appointments
- Medication
- Personal Care Services
- Therapeutic Foster Care
- Long-term Psychiatric Care