

Intentional Peer Support

February 8-12, 2010

Registration Form

NAME: _____

PEER ORGANIZATION: _____

ADDRESS: _____

CITY: _____ STATE: OR ZIP CODE: _____

PHONE: _____ EMAIL: _____

COUNTY:

DO YOU CONSENT TO SHARE YOUR CONTACT INFORMATION WITH OTHER PARTICIPANTS? YES _____

NO _____

SPECIAL DIETARY NEEDS: _____

OTHER SPECIAL NEEDS: _____

Individuals residing in GOBHI Counties (Clatsop, Columbia, Douglas, Gilliam, Grant, Harney, Lake, Malheur, Morrow, Umatilla, Union, Wallowa, and Wheeler) will not be charged a registration fee. For individuals residing in other Oregon counties or outside of Oregon will be charged a registration fee of \$100. Lodging costs are the responsibility of the registrant.

*Participants may wish to purchase an Intentional Peer Support Manual for \$20. The fee for this manual is not covered in the registration. **Would you like to purchase a manual for \$20?** Yes _____. The manual is highly recommended.*

Lodging costs are not included in the registration fee. Lodging options in Boardman include:

- **River Lodge and Grill (888) 988-2009**
- **The Roadway Inn (541) 481-2375**
- **MJ's Motel (541) 481-3723**

The River Lodge & Grill is a nonsmoking facility. Smoking is allowed only in designated smoking areas. If participants smoke in their rooms or elsewhere in the hotel, they will be assessed a \$250 fee.

Training Time:

Monday-Thursday 9:00 a.m. – 5:00 p.m.

Friday: 9:00 a.m. to 3:00 p.m.

Evening activities during the week will include a talent show and a

Dual Diagnosis Anonymous Meeting

Mail or Fax Registration to:

Community Counseling Solutions

PO Box 469

Heppner, OR 97836

(541) 676-9161 Phone

(541)676-5662 Fax

Location of Training

Port of Morrow

2 Marine Dr.

Boardman, OR 97818

(Next door to River Lodge & Grill)

INTENTIONAL PEER SUPPORT TRAINING

What is Intentional Peer Support?

Intentional Peer Support (IPS) is the model used in various Peer Delivered Service areas. Using the 4 tasks in this model we address:

1. Connection— Creating a connection in Peer support isn't always easy but is possible
2. World View— Identifying and validating everyone for having their own World Views and stories
3. Mutuality— Remaining mutual in our support to one another helps build trust in the relationship and allows the help to go both ways
4. Moving towards— A new story or something we want instead of moving away from what “we don't want”

We all have our own “worldviews” and we thrive when they have been validated. We all have our own stories and some of us want to change what we know. Creating a new and exciting story is wonderful! This allows us to stop dragging around the old baggage. We do this with seeing the world in a whole new way. You can too! We will practice IPS through various Role Plays and demonstrations.

Other topics to be covered during the training: **Trauma, Crisis alternatives, Ethics and Boundaries, HIPAA, CSX Movement and Writing Progress Notes**

Angel Moore works for Community Counseling Solutions as the coordinator of the David Romprey Memorial Warmline and is a Certified National IPS Trainer. Angel says, “Recovery became a new way of life, living without the use of drugs and now a life of mental wellness and stability. I made a promise to take all of my life challenges and turn them into something good, I promised god that I will help those who are struggling to know that no matter what there is hope! IT CAN BE DONE!” For the past 13.5 years Angel has shared her experience strength and hope without shame or guilt so that maybe it may inspire someone else to share theirs and help others. As the famous movie says, let's “Pay it forward!”

Beth Quinn “Learning and using the four tasks of Intentional Peer Support has changed my life!” Beth is passionate about helping peers “find one another” to learn and grow together. Beth is eager to explore “possibilities” in recovery together.

Beckie Child, MSW works for GOBHI and is Board President of Mental Health America of Oregon. She is working on a Ph.D. in Social Work and Social Research. Beckie says, “I was born a skeptic. When I was told that I couldn't work or have a life of my choosing because I had a serious mental illness, I just didn't believe the people who told me that. As I work on my own recovery and support others in their recovery, life can be really hard—but it's worth it! If you're struggling with hope, you can have some of mine! I have plenty to share!”