

MENTAL HEALTH DEPARTMENT

THERAPIST

PURPOSE OF POSITION: Assess, diagnose, treat and counsel individuals and families affected by mental illness and emotional issues. Ensure coordination of intake/assessment/counseling and referral of clients.

ESSENTIAL JOB FUNCTIONS:

Provide mental health and emotional counseling to individuals and groups. Develop and provide individual, family and group education, counseling and/or workshops on issues/topics related to mental health problems.

Perform diagnosis, intake and assessment, and develop treatment plans and/or treatment referrals for clients referred by physicians, corrections, public agencies, employees, families or other means.

Work as member of team to effectively coordinate services, using case managers, alcohol & drug counselors and community resources as needed.

Monitor client progress and adherence to treatment plan; maintain client files and case documentation in accordance with related policies.

Establish and maintain working relationships with community resources and agencies. Utilize/make referrals to assist client in plans for education, vocational training, employment, housing, etc.

Provide prevention focused activities to individuals, groups and local agencies.

Prepare and submit required forms and reports related to programs and activities.

Participate in research based activities as indicated.

Share in after-hours on call rotation.

Maintain all safety rules and procedures for work areas.

AUXILIARY JOB FUNCTIONS: Maintain proficiency by attending training and meetings, reading materials, and meeting with others in areas of responsibility. Maintain work areas in a clean and orderly manner.

JOB QUALIFICATION REQUIREMENTS:

MANDATORY REQUIREMENTS: Qualified mental health professional. Broad knowledge of the principles and practices of mental health diagnosis, treatment and prevention; counseling and interviewing techniques; the dynamics of interpersonal relationships; and, community resources/programs. An earned Master's degree in a behavioral, social, health science, special

education, or human service area; and (1) one year experience in mental health programs. Experience in differential diagnosis, treatment plan design and implementation with children, adults and families. Significant understanding of best practices in the delivery of community-based mental health services within both public and private managed care reimbursement systems. Experience working with courts, law enforcement, schools and a variety of community stakeholders. Or any combination of experience and training which demonstrates the knowledge, skills and abilities to perform the above duties.

SPECIAL REQUIREMENTS/LICENSES: Possession of, or eligible for, Oregon License as a professional counselor, social worker or psychologist. Criminal background check as required by state.

DESIRABLE REQUIREMENTS: Possession of license at time of appointment. Experience and understanding of rural service delivery and community issues. Specific experience working with children and adolescence.

PHYSICAL DEMANDS OF POSITION: While performing the duties of this position, the employee is frequently required to sit, stand, bend, kneel, stoop, communicate, reach and manipulate objects. The position requires mobility. Duties involve moving materials weighing up to 10 pounds on a regular basis such as files, books, office equipment, etc., and may infrequently require moving materials weighing up to 25 pounds. Manual dexterity and coordination are required less than 50% of the work period while operating equipment such as computer keyboard, calculator, and standard office equipment.

WORKING CONDITIONS: Usual office working conditions. The noise level in the work area is typical of most office environments with telephones, personal interruptions, and background noises. Position requires availability for periodic on-call status which may include evenings, weekends, or holidays.

SUPERVISORY RESPONSIBILITIES: No direct supervisory responsibility of staff; however review of QMHA documentation occurs.

SUPERVISION RECEIVED: Works under the direction of the Mental Health Clinical Supervisor.